



Submission to:  
**AOM Board of Directors**

<b>Meeting date:</b> February 17 <sup>th</sup> , 2021	<b>Agenda item</b> 8	<b>Lead</b> T. MacDonald	<b>For:</b> Approval
<b>Subject:</b>  Updated Clinical Practice Guideline: Pregnancy Beyond 41+0 weeks' gestation			

#### **Issue definition**

The following clinical practice guideline has been updated by the CKT department, and has undergone review and been approved by the CPG and QRM Committees:

- *The Management of the Uncomplicated Pregnancy Beyond 41+0 weeks' gestation*

This updated CPGs is now being brought to the Board for review and approval.

#### **Overview / Background**

Clinical practice guidelines (CPGs) may become outdated as new evidence is published, and therefore require periodic review to remain valid. AOM CPGs follow a standardized procedure for their selection, development, peer review and approval. CPGs which require updates also follow a standardized procedure, outlined to ensure that clinical recommendations are of high quality and remain consistent with emerging evidence. In 2018, the AOM Board approved the procedure for CPG updates. The updated guideline for Board review underwent this review procedure.

Beginning in 2018, the CPG Committee began prioritizing updating CPGs that were  $\geq 5$  years old. Two CPGs have already undergone the updating process and were published in 2019: CPG No. 12: *The Management of Women with High or Low Body Mass Index*, and CPG No. 13: *Management of Prelabour Rupture of Membranes at Term*. Next, the CPG Committee prioritized CPG No. 10: *The Management of the Uncomplicated Pregnancy Beyond 41+0 weeks' gestation*, which was originally published in 2010. The guideline was selected to receive a **partial update**. Based on the initial literature review, all sections of the guideline were selected for updating by staff. The next CPG update requiring board review (spring 2021) is CPG No.14: *Vaginal Birth after Previous Low-segment Caesarean Section*.

The new version of the guideline now incorporates new research published from 2010 to 2020. The quality of evidence reported in these CPGs has been assessed using GRADE Methodology and

also rely on the [AOM's value-based statement on guideline development](#) to guide the work of AOM staff and CPG Committee.

Recommendations and summary statements in updated CPGs are marked with one of the following labels: [new 2021], [2021], or [2010]. These labels will appear at the end of a statement.

- [new 2021]: This label indicates that the recommendation or summary statement is new as of 2021. New evidence has prompted a change to or the addition of a recommendation or summary statement.
- [2021]: This label indicates that the recommendation or summary statement is consistent with new evidence as of 2021. New evidence has not prompted a change to the original statement.
- [2010]: This label indicates that recommendation or summary statement has not been updated since 2010. New evidence has not been reviewed.

Given that the Board has already reviewed and approved the 2010 guidelines, a table outlining changes to **recommendations and summary statements** for the updated version of the guideline has been attached for ease of review. A full version of the updated guideline is also available for review in the event this is of interest to the Board. The full guideline provides a detailed description of the updated research on which recommendations and summary statements are based, along with other important information/discussion.

### **Desired outcomes from the discussion**

To obtain board support and approval for the updated recommendations and summary statements in the attached documents.

### **Risks**

No risks to approving the document have been identified.

### **Benefits**

This document will provide midwives with updated evidence and guidance related to the management of uncomplicated pregnancy beyond 41+0 weeks' gestation.

### **Next steps**

The current version of the document *The Management of the Uncomplicated Pregnancy Beyond 41+0 weeks' gestation* has been approved by the CPG Committee, and also by the Quality, Insurance and Risk Management department at the AOM. The CPG Committee is recommending that the Board approve this document.

**Recommendation:** *Approval of updated CPG: The Management of the Uncomplicated Pregnancy Beyond 41+0 weeks' gestation*